

Under the Children and Social Work Act 2017 the government committed to making Relationships and Sex Education (RSE) statutory in all secondary schools, including local authority maintained schools, academies, free schools and independent schools. Teaching about relationships and sex is nothing new for schools – RSE is covered through Citizenship, PSHE education, as well as Religious Studies, but there have been concerns about consistency of quality and time allocated to it. The statutory changes have been made to ensure support for safe, effective PSHE practice across all schools.

Year 7	Staying Safe Growing Up!	Identity and values	Starting secondary school Goals and planning Making friends Bullying Dealing with stress Qualities of a friend Internet safety How to seek help Personal hygiene Keeping clean Dental hygiene Hormones and emotions Mensuration cycle	Identity and values Friendships Boundaries and assertiveness Physical and sexual abuse Staying safe Puberty FGM
Year 8	Mental Health Healthy Lifestyle		Mental Health Stress Depression and coping with changes Healthy lifestyles Gender stereotypes Sexuality and gender identity Peer pressure and consent Staying safe Puberty Drugs - their uses and dangers	
Year 9	Relationships	Healthy Relationships	Relationships: The Modern Family Relationships: Muslim & Christian Views on the family Relationships: Marriage Relationships: Muslim & Christians views on Marriage Relationships: Divorce	Healthy Relationships Love Managing healthy relationships Consequences of choices we make in relationships Delaying sexual activity
Year 10	Relationships	Sexual Health	The family and the various structures of a family Society, religious & Non-Religious views on the family. The Marriage and the various combinations of a marriage Society, religious & Non-Religious views on marriage. Cohabitation - Society, religious and non-religious views Adultery – Society, religious and non-religious views Why relationships fail Sexual Intercourse - Society, religious and non-religious views Contraception - Society, religious and non-religious views Same Sex relationships - Society, religious and non-religious views Views on Gender - Society, religious and non-religious views	The dangers of alcohol and drugs The affects and dangers of smoking Anorexia Sexually transmitted Infections Abusive relationships Sexual Explicit Images and online dangers
Year 11	Marriage and the Family. Matters of life and Death.	Sexual Health	Marriage Sexual Relationships The family Support for the family Contraception Gender Equality Abortion	The dangers of alcohol and drugs The affects and dangers of smoking Anorexia Sexually transmitted Infections Abusive relationships Sexual Explicit Images and online dangers